## Introduced by Senator Torlakson (Principal coauthor: Senator Campbell)

February 18, 2005

An act to add Section 2190.6 to the Business and Professions Code, relating to medicine.

## LEGISLATIVE COUNSEL'S DIGEST

SB 524, as amended, Torlakson. Physicians and surgeons: continuing education.

The Medical Practice Act provides for licensing and regulation of physicians and surgeons by the Medical Board of California, and imposes certain continuing education requirements upon them.—A violation of the act is a crime.

This bill would require physicians and surgeons who treat patients for depression and other related ailments to complete a mandatory continuing education course on that subject, thereby creating a new erime and imposing a state-mandated local program. The bill would require the board to verify completion of this requirement through the license renewal process.

The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that no reimbursement is required by this act for a specified reason.

Vote: majority. Appropriation: no. Fiscal committee: yes. State-mandated local program: yes no.

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The people of the State of California do enact as follows:

SECTION 1. (a) The Legislature finds and declares all of the following:

- (1) The National Mental Health Association estimates that 19 million Americans over 18 years of age, or about 9.5 percent of the population, suffered from a depressive disorder in 1999.
- (2) According to the United States Food and Drug Administration, approximately 11 million prescriptions for serotonin selective reuptake inhibitors (SSRIs) and other newer antidepressants for the treatment of depression and other related ailments were written in 2002.
- (3) California represents approximately 12 percent of the United States population, and it may therefore be reasonably assumed that 2.28 million Californians suffer from a depressive disorder and that about 1.32 million Californians are being treated with an antidepressant medication.
- (4) Recent research appears to indicate that the fastest growing age group using SSRIs are preschoolers under five yeas of age and that approximately 70 percent of prescriptions for SSRIs are written by primary care physicians, including pediatricians.
- (5) There are no standardized treatment protocols for physicians prescribing SSRIs recommending the frequency of visits during initiation, change of dosage, or withdrawal.
- (b) Accordingly, it is the intent of the Legislature, in enacting this act, to broaden and update the knowledge base of physicians related to the appropriate care and treatment of patients suffering from depression and associated disorders.
- SEC. 2. Section 2190.6 is added to the Business and Professions Code, to read:
- 2190.6. All physicians and surgeons who treat patients for depression and other related ailments, specifically through the prescribing of serotonin selective reuptake inhibitors (SSRIs) and other newer antidepressants, shall complete a mandatory continuing education course on that subject. The board shall verify completion of this requirement on the license renewal form.
- SEC. 3. No reimbursement is required by this act pursuant to Section 6 of Article XIII B of the California Constitution because the only costs that may be incurred by a local agency or school

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- 1 district will be incurred because this act creates a new crime or
- 2 infraction, eliminates a crime or infraction, or changes the
- 3 penalty for a crime or infraction, within the meaning of Section
- 4 17556 of the Government Code, or changes the definition of a
- 5 erime within the meaning of Section 6 of Article XIII B of the
- 6 California Constitution.